

**Stretch it out a little (Lesley Forrester, used with kind permission)**

**(uke chords: F maj/D min)**



**Words:**

**(take your time)**

Stretch it out a little, and then a little more.  
Stretch it out to make a great big circle on  
the floor.

Stretch it out again, all the children in the  
ring.

And when you can't stretch any more....

PAUSE

(Spoken slowly with anticipation): it's  
time.... to make it .....PING!

**What you do:**

This is a great song to help you finish your scrunchy mini-session. This works best with two adults.

Sit/stand in a circle, all holding onto the scrunchy. Move in closer together, to give yourselves more space to stretch it out.

Follow the instructions in the song. Switch to your speaking voice for the final line, and create pauses, to build anticipation and smiles, before the final PING when you all let go.

Repetition is so great for emerging communication skills, so I usually embrace the cues to do it again, and again. I think the record for the most times I have repeated this song was set at 15 times in a row, with a group of two year olds in Battle Hill! (at the childrens' request).

\*Be aware that this can pull much smaller children over if they do not all let go at the same time. You may prefer to do this seated with much much younger/smaller children.\*