

Can you lift the scrunchy? (tune of Whole World in His Hands) (uke chords C/G7)



Words:

Can you *lift the scrunchy up and down*? X 3

Lift it up and down

*Change words to reflect how you are moving the scrunchy. Take children's ideas. *

Ways to move: sway side to side, wiggle fast, in and out

What you do:

Clear a space and work with a small group, keeping to EYFS ratios. The younger the children, the more adults you need. This is a fabulous tool in stay and play sessions with parents too (pictured above).

Get shoes and socks off to encourage better movement play. There are so many receptors in the skin on the base of the foot, this gives children physical feedback about where they are in relation to the world around them.

Sit in a circle, encourage the children to hold on to the scrunchy. Much younger children will find this hard, so patience is required.

Give lots of eye contact to individual children, and smiles. This physical resource is connecting them all to each other and you. Encourage laughter.

Take the children's ideas about how to use the scrunchy.

Encourage the children to explore how it feels on different parts of their body: hands, feet, faces, arms.

Can you come up with totally different ways to play this game? Lying on your backs perhaps, or sitting inside of it?

Have fun and be curious!