

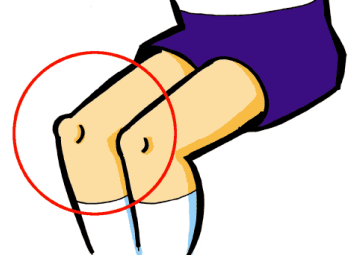








# Body Percussion.

Here are the symbols we will be using and their meaning:

Stamp	Clap	Tap your knees	Click	Rest
				

Here is an example of a body percussion rhythm. The boxes are numbered 1- 4. That means you would count 1,2,3,4 and repeat. In box 1 is a 'stamp' so every time you come to '1' in your count, you stamp your foot. See if you can work out the pattern:

1	2	3	4
			

## Create your own Body percussion patterns!

Now have a go at creating your own body percussion patterns! Cut out the symbols and use the chart below. You could even create more than one and challenge someone at home to have a go!

1	2	3	4

